GREENWICH ADULT DAY CARE - MISSION
Greenwich Adult Day Care, Inc. (GADC) has for 28 years helped seniors continue to live at home; provided them with daytime health, social and recreational programs; and given caregivers time to pursue their own day’s activities.

GADC’s individualized program of daytime health and social activities is designed to:

- Provide social interaction, personal care, medical monitoring and therapeutic and rehabilitation services
- Allow seniors to continue living in their own homes near their families
- Give family and professional caregivers respite from the constant responsibility of caring for an impaired adult.

Now Greenwich Adult Day Care has a unique opportunity to expand and provide even better care to more seniors in a new, purpose-designed facility.

THE GROWING NEED FOR SENIOR CARE
Nationally, the fastest growing segment of the population is the 74 and older age group. In Greenwich, the over-74 demographic group is even larger than the national average, and the United Way lists elder care as one of its highest priorities. With the baby boomers approaching retirement and with increasing longevity, the need for senior services will expand significantly. Greenwich Adult Day Care needs to be ready.

Caring for Our Seniors

“Greenwich Adult Day Care has provided much needed day care to seniors of Greenwich as well as respite to their caregivers. With GADC, seniors are able to live at home and receive community-based services versus the alternative of expensive nursing (home) care. Expanding adult day care services is a key component in providing a range of services for seniors.”

-STATE SENATOR WILLIAM NICKERSON

OUR RECORD OF SERVICE
Greenwich Adult Day Care was founded in 1977. In 1995 GADC became one of the first day care centers to be “Accredited with Commendation” by the Connecticut Association of Adult Day Care Centers, Inc. It is currently one of the largest adult day care “medical model” providers in Connecticut.

In the last five years GADC has expanded significantly, and during that time has supported 301 clients and their families. We have provided 11,500 hours of nursing care and 10,000 hours of recreational fun and therapeutic activities. We have served 76,600 hot midday meals and twice that number of snacks.

In July 2002, Greenwich Adult Day Care opened THE GAZEBO, a center for people with special needs and advanced dementia. In July 2004 Greenwich Hospital selected GADC as its provider of therapeutic recreation in the ACE (Acute Care of the Elderly) Unit.

“At the Center for Healthy Aging at Greenwich Hospital we see many patients with dementia and functional problems. We often recommend day care. Greenwich Adult Day Care provides an excellent program of supervision and care. Families report that their loved ones receive close personal attention. They feel secure leaving their relative at the Center. Patients report that they enjoy the atmosphere and the activities. We recommend the program very highly.”

-LILA SHERLOCK, GERIATRIC CLINICAL SPECIALIST, APRN, CENTER FOR HEALTHY AGING, GREENWICH HOSPITAL
GREENWICH ADULT DAY CARE’S FACILITY

From a small start, Greenwich Adult Day Care has grown to 50 clients a day. With the expansion in the number of elderly, there is a growing need for day care services. GADC is currently located in the garden level of Nathaniel Witherell, which is considering rebuilding. The Board of Directors sees this as an opportunity to expand and enhance services to the community.

A larger location, custom designed for day care, would allow Greenwich Adult Day Care to provide the best quality care to 50 percent more seniors, more opportunities for creative programming, a specifically designed environment for Alzheimer’s clients, and improved supervision by the staff.

THE NEW ADULT DAY CARE CENTER ON THE MIANUS

The Pump House

With the help of the Town of Greenwich, Greenwich Adult Day Care has found an ideal location and structure, the historic 1927 Railroad Pump House on the Post Road on the Mianus River in Cos Cob with scenic views of the river and easily reached by public or private transportation.

The renovation of the Pump House will create a facility designed for quality day care with many enhanced features. With more than 8,000 square feet of space, the facility will have capacity for 75 clients a day, up from 50 a day. An RTM member commented, “We’ve been looking for the right way to use the building for years, and now we have found it.” The Town of Greenwich will lease the Pump House to GADC for only $1 a year.

“"When my mother was diagnosed with Alzheimer’s, I visited GADC. The social worker put me at ease and assured me the program would benefit us both. Although the physical plant was not impressive, the program and staff sounded worth a try. The staff individualized the program to meet my mother’s needs. She now attends five days a week."”

-SUSAN SPIKA, A CLIENT’S DAUGHTER

“The Pump House is a serendipitous opportunity meeting a real need!”

-PETER MCSPADDEN, BOARD MEMBER, GREENWICH ADULT DAY CARE
THE PROJECT:
An interior custom designed for quality senior care

LOWER FLOOR PLAN:
- The Gallery: For crafts, activities, and board meetings
- The Beauty Salon
- The Health Suite: The nurse’s station for medical treatment
- Fish Ladder & Fish Boardwalk
- The Skylight Room: Audio visual and other activities

UPPER FLOOR PLAN:
- The River Den: The den, a home away from home, with the best river view in town
- Mianus Living Room: The main activities and dining area
- The Retreat: A quiet room in the special needs area
- Special Needs Area: For those who need some extra care
- Entrance Canopy
- Kitchen
- The Family Room: Gather round for art class

The restored 1927 Pump House retaining its historic features with improved landscaping and parking.

“Giving an old building new life.”

-MEMBER OF THE GREENWICH ARCHITECTURAL REVIEW BOARD
SUPPORT FOR CAREGIVERS

Caregiver support is a key component of the Greenwich Adult Day Care program. In the past five years GADC has provided over 260 hours of support to family and professional caregivers via bi-weekly support groups. In 2003 Greenwich Hospital and GADC started joint weekly support groups for persons with early-stage Alzheimer’s. GADC also acts as a source of information and referrals on all aspects of care planning.

Keeping the Family Together

“I met a delightful family who bought a house in Greenwich, but then their mom developed Alzheimer’s and had to move in with them. The daughter was overwhelmed until she heard about Greenwich Adult Day Care. TAG would collect Mom at 8:30am, and she was cared for and entertained until 4pm. The daughter said, ‘Now we can’t wait to see Mom when she returns home. I no longer have to cope alone.’”

–LEE PRINCE, REALTOR, PRUDENTIAL CONNECTICUT REALTY

PROFESSIONAL, CARING STAFF

Greenwich Adult Day Care’s experienced professional staff includes nurses, therapeutic recreation specialists, health, nutrition and program aides, and a social worker, as well as music, art, and physical therapists. The executive director, Carol Burns, RN, C, has been with the organization since 1987.

“The staff at Greenwich Adult Day Care deserves a special tribute. They are true professionals and wonderful people. They give the concept of caring a whole new dimension, caring with a heart.”

–MR. MATTHEW GATELY, A CLIENT’S HUSBAND

Carol Burns, GADC Executive Director, with a caregiver.
PARTNERSHIPS WITH THE COMMUNITY

Greenwich Adult Day Care collaborates closely with the Town of Greenwich, the Transportation Association of Greenwich (TAG), Greenwich Hospital, and other local health, social, civic, and cultural organizations.

Many organizations and individuals generously provide numerous hours of volunteer support. Schools assist with recreational activities. Local religious organizations lead services and discussions. Greenwich Hospital provides speakers on health care issues. The recreation staff is supported by diverse groups such as garden clubs, arts and cultural organizations, local historical societies, civic groups, art, music and craft therapists, scouts, guides and brownies, and even therapy dogs.

GREENWICH ADULT DAY CARE

“Greenwich Adult Day Care is invaluable for a number of our residents. One attendee, Vivian, told me, ‘I love GADC, especially the friendships that I’ve been able to make there. I really appreciate the opportunity to join in the activities and attend the religious services.’ Vivian can’t wait to tell me about her experiences at GADC. I know my residents are in good hands when I recommend this program.”

-VICTOR RUBELL, RESIDENT SERVICES COORDINATOR, HARBOURSITE, STAMFORD

A PUBLIC-PRIVATE PARTNERSHIP

The plan for the new Adult Day Care Center on the Mianus is estimated to cost $4.7 million, including construction, fixtures, furniture, equipment, and campaign and financing expenses. This cost compares favorably with the estimates for locating at other sites, including the proposed Nathaniel Witherell building.

Greenwich Adult Day Care is mounting a capital campaign to raise $4.7 million as a public-private partnership. It is anticipated that 30% of the goal will come from public sources. GADC has already received a generous Community Development Block Grant (CDBG) as well as a grant from the State of Connecticut Bond Commission. The remaining 70% of the funds will come from the generosity of the Greenwich community - individuals, corporations, foundations, and community and religious organizations.

CURRENT FUNDING

Greenwich Adult Day Care is a private non-profit agency governed by an active volunteer board. GADC is funded through a variety of sources including fees, the United Way, town, state and federal grants, foundations, corporations, community and religious organizations, and individuals.

Fees can be paid by a client or family or by long-term care insurance. (A subsidized fee based on ability to pay is available). The full daily fee is $70. This covers only 74% of the overall daily costs. Only 27% of clients pay the full fee. If eligible, assistance is available from The National Caregiver Support Program, The Connecticut Home Care Program for Elders, and The Connecticut Respite Care Program. The cost of Greenwich Adult Day Care is significantly less than that of home health aides, assisted living, and nursing homes.

Two seniors, one from GADC and one from Greenwich High School, enjoy a delicious dinner cooked by the Home Economics class at GHS.

An artist at work.

Expenses:

| Pre-Construction | $ 243,000 |
| Construction     | $2,840,000 |
| Construction Contingency | $413,000 |
| FFF             | $271,000 |
| Financing Expenses | $471,000 |
| Campaign Expenses | $462,000 |
| Total Expenses | $4,700,000 |

Revenue:

| Public          | $1,500,000 |
| Community Development Block Grant | |
| Bond Commission Grant | |
| Other           | |
| Private         | $3,200,000 |
| Total Revenues  | $4,700,000 |